

CULTIVATING YOUR PERSONAL RESILIENCE

Gatherings to support New Hampshire Educators

The gatherings will be on ZOOM from 7:00-8:00 PM on the 2nd Wednesday of the month.

2023-2024

Gathering Dates:

October 11	7:00 - 8:00 PM
November 8	7:00 - 8:00 PM
December 13	7:00 - 8:00 PM
January 10	7:00 - 8:00 PM
February 15*	7:00 - 8:00 PM
March 13	7:00 - 8:00 PM
April 10	7:00 - 8:00 PM
May 8	7:00 - 8:00 PM
June 12	7:00 - 8:00 PM

*This is on a Thursday due to Valentine's Day.



The gatherings will be led by retired NEA-NH member, Maxine Mosley, and will focus on nurturing the 12 habits and 12 dispositions of resilient educators. Through a generous grant from NEA, participants will receive a complimentary copy of Elena Aguilar's book, "Onward: Cultivating Emotional Resilience in Educators."



Register in advance for these meetings:

<https://neanh.zoom.us/meeting/register/tZAvde6oqT0iE9UPszDwG0rfvg0R7sSTluJ8>